



MONDAY

- Sweet Potato, Chickpea Masala and Basmati Rice **GF** (v)
- Spinach and Mushroom Pasta, Garlic Bread and Herb Diced Potatoes (v)
- Vegetable Fricassee, Basmati Rice and Green Beans **GF** (v)

TUESDAY

- Beef Bourguignon, Braised Rice and Green Bean **GF**
- Beer Battered Fillet of Cod, Chips and Mushy Peas **GF** available
- Vegetable Moussaka and Green Beans (v)

WEDNESDAY

- Lamb Rogan Josh and Pilau Rice **GF**
- Chicken Dijonnaise and Braised Rice **GF**
- Potato, Spinach and Cauliflower Curry and Pilau Rice (v) (Vegan available)

THURSDAY

- Beef Lasagne, Garlic Bread and Potato Wedges
- Chicken Cacciatore and Braised Rice **GF**
- Vegetable Mince Lasagne, Garlic Bread (v)

FRIDAY

- Chicken and Spinach Balti with Pilau Rice **GF**
- Roast Turkey and Stuffing, Thyme Roasted Carrots and Potatoes **GF** available
- Leek and Goats Cheese Frittata and Mixed Salad **GF** (v)

(v) - Vegetarian

GF - Gluten Free

(Ve) - Vegan/Vegan available